



## 2023 CFL INVITATIONAL COMBINE MEDIA SCHEDULE

### **FRIDAY MARCH 3<sup>RD</sup>**

Location: Feridun Hamdullahpur Field House (Waterloo, ON)

Order of testing: OL, DL, RB/FB/TE, QB, LB, WR, DB, LS

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| 8:00 AM  | Height & Weight, Hand, Arm & Wingspan Measurements, Video Shot,<br>Vertical Jump & Bench Press |
| 11:30 AM | 40's, Short Shuttle, 3 Cone Drill, Broad Jump  |
| 2:00 PM  | OL/DL Drills & one on one's  |
| 3:00 PM  | QB/RB/FB/TE/LB Drills & one on one's (Pass Protection & Routes)                                |
| 4:00 PM  | WR/DB Drills & one on one's  |
| 5:00 PM  | Long Snappers workout  |
| 5:30 PM  | Announcement of Players invited to National Combine  |
| 5:35 PM  | Media Availability with players  |

